



# SERVICE SCHEDULE

# NOVEMBER 2024

**OPEN: Weekdays 8:30am-9:00pm & Weekends 11:00am-7:00pm**  
 125 Commercial Ave. Ajax, ON

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKENDS
<b>Breakfast</b> 8:30AM - 9:30AM <b>Lunch</b> 1:00PM - 2:30PM <b>Dinner</b> 5:30PM - 6:30PM	<b>Breakfast</b> 8:30AM - 9:30AM <b>Lunch</b> 1:00PM - 2:30PM <b>Dinner</b> 5:30PM - 6:30PM	<b>Breakfast</b> 8:30AM - 9:30AM <b>Lunch</b> 1:00PM - 2:30PM <b>Dinner</b> 5:30PM - 6:30PM	<b>Breakfast</b> 8:30AM - 9:30AM <b>Lunch</b> 1:00PM - 2:30PM <b>Dinner</b> 5:30PM - 6:30PM	<b>Breakfast</b> 8:30AM - 9:30AM <b>Lunch</b> 1:00PM - 2:30PM <b>Dinner</b> 5:30PM - 6:30PM	<b>Lunch</b> 1:00PM - 2:30PM <b>Dinner</b> 5:30PM - 6:30PM
<b>Ontario Works: Income Support</b> 8:30AM - 4:30PM	<b>Ontario Works: Income Support</b> 9:00AM - 4:00PM	<b>Ontario Works: Income Support</b> 9:00AM - 4:00PM	<b>Family Services: Crisis Intervention</b> 10:00AM - 4:00PM	<b>ACDR: Harm Reduction Services</b> 9:30AM - 4:00PM	<b>Shower Program</b> Monday - Friday: 8:30AM - 8:00PM Weekends: 11:00AM - 6:00PM <hr/> <b>Please see our monthly Program Calendar for additional services, upcoming workshops, and life skills programming</b>
<b>ACDR: Harm Reduction Services</b> 9:30AM - 4:00PM	<b>CDCD: Welcome Centre Settlement Services</b> 9:00AM - 1:30PM	<b>DCHC: Hep C Mobile</b> 10:00AM - 1:00PM <i>*1st &amp; 3rd Wednesday</i>	<b>CDCD: Welcome Centre Settlement Services</b> 1:15PM - 4:15PM	<b>CDCD: Welcome Centre Settlement Services</b> 1:00PM - 4:30PM	
<b>CDCD: Welcome Centre Settlement Services</b> 1:15PM - 4:15PM	<b>ODSP: Disability Income Support</b> 9:00AM - 3:30PM	<b>ACDR: Harm Reduction Services</b> 1:00PM - 4:00PM	<b>ACDR: Harm Reduction Services</b> 1:00PM - 4:00PM	<b>Peer Support: Patio Drop-In Days</b> 3:00PM - 5:00PM	
<b>CDCD: Housing &amp; ID Support</b> 2:30AM - 4:00PM	<b>Pinewood Addiction Services</b> 1:00PM - 4:00PM <i>*1st &amp; 3rd Tuesday</i>		<b>APS: Disability Support Services</b> 1:00PM - 4:00PM <i>*Every other Thursday</i>		
			<b>Brain Injury Association Durham</b> 12:00PM - 4:00PM <i>*2nd &amp; 4th Thursday</i>		



# PROGRAM CALENDAR

OPEN: Weekdays 8:30AM-9:00PM & Weekends 11:00AM-7:00PM  
125 Commercial Ave. Ajax, ON

# NOVEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5	6	7	8 <b>Managing Emotions</b> <i>Durham Region IEHSD</i> 10:00AM - 12:00PM	9
11	12 <b>PCOP Mobile Clinic</b> 11:00AM - 3:00PM <b>Chair Yoga</b> 2:00PM - 3:00PM <b>Health is Wealth: Mental Health</b> 2:30PM - 3:00PM	13	14 <b>Vision Board</b> 10:00AM - 11:00AM	15	16
18 <b>CLOSED</b>	19	20 <b>Brushes &amp; Blockbusters</b> 6:45PM - 8:30AM	21	22 <b>Managing Emotions</b> <i>Durham Region IEHSD</i> 10:00AM - 12:00PM <b>Indigenous Awareness</b> 3:00PM - 4:30PM	23
25	26 <b>Chair Yoga</b> 2:00PM - 3:00PM <b>Health is Wealth: Mental Health</b> 2:30PM - 3:00PM	27	28 <b>Vision Board</b> 10:00AM - 11:00AM	29	30

Please refer to our **Service Schedule** for details about our shower and meal program and the services and supports available onsite through our community partners.

Join us on November 24 for Dinner & Games night, hosted by the Women's Progress Club of Durham Region